Always Free. Southern Oregon

Connecting Family and Community

Your Guide to Family Friendly Events, Kids' Activities, Parenting Resources & much more... July-September 2025

BUY

chool

21

ack to

2216



HEAD START

or call 541.734.5150

Head Start does not provide busing. Staff is available to discuss transportation resources.

creating a prepared environment appropriate for children from three to twelve years of age to engage in meaningful work. Our goal is for each child to grow into a love for themselves, the world around them, and a love for learning.

Music4Kids Is Growing! Exciting Changes, New Name, and a Grand Reopening!



Music4Kids is thrilled to announce a major milestone in our journey to inspire a love of music making in a family atmosphere. With an opportunity to take on more space in our current location, our music school is expanding its facilities, planning a new name, and preparing for a grand reopening celebration you won't want to miss!

A New Name Coming Soon!

Since opening at our current location in 2018, Music4Kids has grown tremendously. We now serve students of all ages, including adults! To better reflect who we are today, we are planning a name change and are inviting suggestions from our current students and families as well as anyone else who is interested in sending a suggestion to email@music4kids.com. We will review all the ideas and select the final name, which we'll announce in July.



Expanded Space and Programs

Our expansion means we'll occupy the entire top floor of our current location at 141 NW C Street, plus our first floor piano studio. The new space will include a dedicated vocal and choral room, more room for piano classes, and a space for each of our talented instructors to call their own. These improvements allow us to welcome more students and offer enriched programs designed to foster a lifelong love of music.

Music Programs

Our curriculum continues to serve a wide age range—starting from birth and extending into adulthood. We offer **Kindermusik** classes for children aged 0-7, fostering early development through movement, singing, and instrument exploration. These classes are perfect for nurturing a love of music from the very beginning.

Students aged 8-18 can participate in our Youth Ensemble where singers, accompanied by our teachers and advancing instrumental students, learn proper vocal technique, learn to sing in harmony, and gain valuable performance experience in a variety of musical styles.

Our Individualized Group Piano classes for ages 7-18 will take place in our new larger piano lab equipped with digital pianos and headphones. These students get a





full hour with the teacher who works with each student individually while others work on their music in preparation for the teacher to listen. The class often includes a group music game which brings a fun sense of camaraderie among the students. **Private Lessons**

Our lesson program features personalized instruction in piano, voice, violin, cello, guitar, bass guitar, ukulele, drums, and saxophone. Our qualified teachers tailor lessons to meet your goals. Our friendly, supportive approach helps students master their instruments while gaining confidence and playing their favorite music.

Mark Your Calendar for Our Grand Reopening!

To celebrate we're hosting a grand reopening event in early September. The event will be a fun-filled day with fun activities, live performances, facility tours, Kindermusik mini-classes, free trial lessons, and special offers on lessons and enrollment. It's a perfect opportunity to see our expanded space and experience the joy of music with us. **Stay tuned for more details**—we can't wait to celebrate with you and help you discover the transformative power of music!









JUST OFF I-5 EXIT 119 • 541-679-6761 WILDLIFESAFARI.NET FOLLOW OUR ADVENTURES! ()





(541) 660-1452

ST. ANNE SCHOOL OFFERS:

NOW ENROLLING!

- Summer Programs
- Early Childhood Education ages 3-5
- Kindergarten -8th Grade Elementary
- Low student/teacher ratio
- Extended childcare
- Tuition Assistance Available

CALL FOR A PERSONAL TOUR!

1131 NE 10th St. • 541-476-2240 www.StAnneSchoolGP.com

DESIGNS that SHINE!

Let us provide eyecatching, affordable designs of all kinds for your company.

Brochures
 Logo Design
 Newsletters
 Ads

• And much more!

Mention SO Family for 20% DISCOUNT on first order

illumination graphics Call 541.862.7021

AN ORIGINAL CONTEMPORARY BALLET VOTED "BEST PRODUCTION IN MEDFORD!"

featuring principal guest artists with American Ballet Theatre and The Philadelphia Ballet

Kox

KNOW FEAK

GET YOUR TICKETS NOW AT STUDIOROXANDER.COM (541)-773-7272 AUGUST 16TH AND 17TH AT CRATER PERFORMING ARTS CENTER CENTRAL POINT, OR

Summer Fun and Back to School

compiled from "Parenting Together" Vol 4 Issue 9 by Diana Bennington, Community Resources Specialist

A s we plunge into the chaos of summer fun and then the "back-toschool" season, make sure to carve out some time for your family to discuss changes ahead of time, and learn what to expect before school starts. Sometimes, just talking about the positive and negative impacts of change, can help ease any fear, anxiety, or worry that you or your child may be experiencing. If we can be successful in reframing the back-to-school chaos, we may begin to see the change as opportunity for learning, social interactions, and fun!

When you think about back-to-school, you may begin to picture traditional images of school buses, classrooms, desks, backpacks, and calculators. Yet, much of the learning that takes place for school happens on the playground and in social settings. How your child relates to others in an unstructured social setting is just as important (if not more important) than their ability to tell you what 3 + 5 is. Research shows that social-emotional skills are important for school success. With that in mind, use your summer to do fun, social things and get connected.

With all the hype surrounding summer and back-to-school it is easy to overthink it and overbook it. In addition to the daily grind with school and work, many parents feel motivated to top it off with a few extracurriculars (sports, music lessons, etc.). These are great activities for children, but if you





more info & RSVPs online: thefamilyconnect.org/families-parents

Online Calendar | Free Parenting Classes & Workshops | Family Friendly Events

or your child starts to feel overwhelmed, take a step back, ask for help, and create changes that work for your family. Remember, it is important to focus on self-care, too, so that you can be the parent you want to be!



Happy Summer!





Membership Fitness Classes Preschool Afterschool Day Camps Overnight Camps Youth Sports Swim Lessons Wellness Programs



Rogue Valley Family YMCA 522 West Sixth Street, Medford, OR 97501 541-772-6295 rvymca.org

6 • www.southernoregonfamily.com • July - September 2025

Sacred Heart Catholic School

NOW ENROLLING PRESCHOOL AND PRE-K AND KINDERGARTEN

THROUGH 8[™] GRADE **CATHOLIC-BASED EDUCATION WELCOMING TO ALL FAITHS**

OUR PROGRAM PROVIDES AN ENRICHED ENVIRONMENT FOR CHILDREN, WHICH BENEFITS THEIR SOCIAL, EMOTIONAL, PHYSICAL AND **COGNITIVE DEVELOPMENT**

INTRODUCING A PART-TIME PRESCHOOL PROGRAM FOR THE **2025-26 SCHOOL YEAR**

AFTER CARE AVAILABLE UNTIL 6PM

541-772-4105 WWW.SHCS.ORG **CALL TO SCHEDULE A TOUR**



Sacred OCcar

Xnights

Inspiring Young Minds Through Faith, Academics and Service Serving Our Community Since 1865

FREE TRIAL & SIGN UP BONUS FOR NEW STUDENTS



Southern Oregon's Professional Ballet School

Experienced & Professional Staff Classes & Performing Opportunities Ages 2 through Adult Advanced Professional Day Program 3 beautiful studios with viewing areas Complete Dance Shop

541.773.7272

www.studioroxander.com 101 E. 10th Street, Downtown Medford

Raising the Barre Since 2009

PRIVATE PARENTING LESSONS **TAILORED TO YOU**

Our Belief

We believe that parents are children's first and best teachers. **Siskiyou Community Health Center** has free and voluntary programs that offer support and information to familiesprenatally and after baby has arrived.



Who We Are

Siskiyou Community Health Center has two Pregnancy and Early Childhood Programs—Healthy Families of Southern Oregon and Project Baby Check. Both programs support families during perinatal stages until the child enters Kindergarten. We have Family Support Specialists working with families throughout Josephine and Jackson Counties. Our programs are a support system for family bonding, child development, social connection, community resources, parent education, and childhood literacy. Our objective is to be nurturing, attuned, and responsive in relationships with parents.

Siskiyou Community Health Center

MEDICAL | DENTAL | WALK-IN CLINIC | PHARMACY HEALTHY FAMILIES | BEHAVIORAL HEALTH

541-472-4777

www.siskiyouhealthcenter.com

Visit our website



Bees need us just as much as we need them!

By John "THE BUG GUY" Jackson - BUGS-R-US Educational Services, BugsRUs.org

Summer is that FLOWERY time of year and we ALL know who LOVES flowers.....BEES!

Bees are one of world's most IMPORTANT pollinators!

Roughly 1 of 3 mouthfuls of YOUR EVERDAY FOOD comes from bees! Without bees some of our most-eaten foods wouldn't grow. Plants that are pollinated by bees include apples, potato, mango, onion, plum, cauliflower, almonds, peaches, watermelon, pears, oranges, coffee, cucumber, pumpkin, corn and carrots. Honey bees pollinate more than 100 different crops in the U.S.

DID YOU KNOW:

•A single bee makes about 1/12 of a teaspoon of honey in her lifetime which is around 6 weeks!

• There are more than 20,000 different species of bees. Promoting Education and Exploration with Nature's Best OUGHT RIGHT TO YOU M John Jackson 541-772-3281 www.bugsrus.org Specializing in <u>on-site</u> educational presentations for schools, birthdays, or public events. **TEEN PROGRAMS Join the Adventure** DAY CAMP COUNSELOR-FALL AFTER IN-TRAINING **AGES 10+** SCHOOL C Don't miss your chance to grow, lead, and inspire at ScienceWorks this summer and fall! ScienceW@rks scienceworks museum.org •The average beehive can have around 50,000 bees.

•In one nectar collection trip, a bee visits 50 to 100 flowers.

•Honey bees fly at a speed of around 18 miles per hour and beat their wings 200 times per second.

•Over the past 18 years,

colonies of bees have been disappearing, and the reason remains a mystery. In some places, up to 90% of bees have disappeared.

BUGS R US

How can we help bees?

The good news is that we can make a difference and can support bees. One thing we can do in our own backyard is to grow plants that bees love, to give them an important source of food. Also, buy organically-grown fruit and veggies, and grow some of your own, so you know that pesticides haven't been used.

Bees like to drink water, too. Sometimes you'll see them at a birdbath or at the edges of a pond or lake. If you find a bee stranded in the water, help it out by picking it up with a stick and placing it somewhere safe! Bees need us now just as much as we need them!



8 • www.southernoregonfamily.com • July - September 2025





SOUTHERN OREGON DANCE CENTER "Southern Oregon's experts in contemporary dance" SODance News

SUMMER DANCE SESSION: July 28-Aug 21st FALL Dance Registration opens August 15th! Fall Classes start September 8th.

Classes for ages 5-18 in Kids Combo, Hip Hop, Jazz, Contemporary, Technique, Ballet + Pointe, Tap, Acro and more! Beginner through pre-professional levels



Click the "Classes" menu tab to hold a spot **SouthernOregonDanceCenter.org**

Delicious Ways to Get Together and Share Your Love

Come visit us at the Harry & David Country Village, our local flagship store full of premium items from our family of brands and more. Find gourmet treats for birthdays, family dinners, and all of life's special occasions. There's plenty to discover, like gift baskets, Moose Munch[®] Premium Popcorn, chocolate truffles, fresh produce, artisanal cheeses, and other fantastic fare. You can also explore our full assortment online.



HARRY & DAVID COUNTRY VILLAGE STORE 1314 Center Drive, Medford, Oregon 97501 Open Daily 9AM–6PM 541-864-2278 | HarryandDavid.com

©2025 Harry and David, LLC, Medford, OR, DBA Harry & David.



July - September 2025 • www.southernoregonfamily.com • 9



Orthodontic Care for Children & Adults

Complimentary Exam & Consultation
 No Referral Needed
 Offices in Ashland & Medford

Dr. Dana Nguyen Schmidl Board Certified Orthodontist



Turning Rogue Teeth into Beautiful Smiles

오 254 Palm Ave, Ashland 오 2937 Siskiyou Blvd, Medford 541-482-4343
schmidlorthodontics.com

FREE Preschool

For Oregon families who qualify in Jackson & Josephine Counties

Need help? Have questions?

Please email enrollment@soesd.k12.or.us or call (541) 776-8590, ext. 1145.

To get started, submit a Preschool Promise Screening form at www.soesd.k12.or.us/preschool-finder/

PREESCOLAR GRATIS



en Oregon que califiqu en los condados de Jackson y Josephine



¿Necesita ayuda? ¿Tiene preguntas? Por favor, envie un correo electrónico a enrollment@ soesd.k12.or.us o llame al (541) 776-8590, ext. 1190.

GRAG

BF

NOG

Para empezar, envíe un formulario de evaluación de Preschool Promise a www.soesd.k12.or.us/preschool-finder/



To learn more about participating programs, view our interactive program finder online at www.soesd.k12.or.us/ preschool-finder/

Para obtener más información sobre los programas participantes, vea nuestro localizador en linea de programas participantes en www.soesd.k12.or.us/ preschool-finder/





NOW ENROLLING

PRESCHOOL - 5TH GRADE

Discover Your Place To Belong!

- Christ-Centered Environment
- Engaging Academic & Enrichment Classes

UMILITY

GRACE CASCADE

1974-2024

- Interactive Learning
- State-Of-The-Art Learning Facility
- Secure Campus
- Qualified and Caring Staff

*Seats are filling up fast! Don't delay!

GRACECHRISTIAN.ORG

Voted #1 elementary school 7 years in a row

CHRISTIAN SCHOOLS

CE CASCADE

Cool off at a local Splash Pad Spray Park

Pack a picnic, protect your skin and take the kids for a fun day.

Medford

Fitchtner Mainwaring Park, 334 Holmes Ave. Lewis Park, Corner of Lewis Ave. & 8th St. Hawthorne Park, 501 E. Main St. Oregon Hills Park, 6001 E McAndrews Rd. Lone Pine Park, 3158 Lone Pine Rd. Pear Blossom Park, E. 5th St. Rogue X 901 Rossanley (fee)

Jacksonville

Doc Griffin Park, 298 S. 5th St.

Eagle Point

Lucas Park, 226 West Main St.

White City Burns Park, 7800 Division Rd. Talent

Chuck Roberts 500 Talent Ave.

Ashland Garfield Park, Corner of Garfield St. & East Main.

Central Point Don Jones Memorial Park, 4940 New Haven Rd.

Grants Pass Riverside Park, 304 E Park. St. Morrison Centennial Park, 1187 Rogue River Hwy





541.955.CLUB EXT 2 2160 NW Vine St Grants Pass Ages 5-13 Starts June 9th, Mon-Fri 9am to 6pm

KIDS Club Northwest"





JULY 26-27, 2025 • ROGUE X • MEDFORD, OR



Get ready for a rewarding career in Early Childhood Education!



Rogue Community College is offering a fast-track program to help you prepare for work in this fun and rewarding field.

- Tuition and books are free!
- Classes include in-person and online
- Extra support and coaching
- Real classroom experience
- Limited number of paid internships working in local programs available









Become a Teaching Assistant

with infants, toddlers or preschoolers! Earn your Basic Certificate and be ready to work in 1 term.

Reach out to us with questions! 541-956-7278 • ECEinfo@roguecc.edu

Note: Criminal background check required before working with children.

RCC is an open institution and does not discriminate. For RCC's non-discrimination policy and a full list of regulatory specific contact persons, visit the following webpage: www.roguecc.edu/nondiscrimination.

Become a Teacher

with infants, toddlers or preschoolers! Continue on for 2 more terms to earn your Intermediate Certificate.



EARLY CHILDHOOD AND ELEMENTARY EDUCATION